



# First Christian Reformed Church of Lynden

## From Generation to Generation for the Glory of God

### ***God's precious and exceedingly great promises in hard times***

***Colossians 3:16*** Let the word of Christ dwell in you richly,  
teaching and admonishing one another in all wisdom,  
singing psalms and hymns and spiritual songs,  
with thankfulness in your hearts to God.

### **Scripture**

***Psalm 119:105*** Your word is a lamp to my feet and a light to my path.

***Psalm 62:1-8*** For God alone my soul waits in silence; from him comes my salvation.

<sup>2</sup> He alone is my rock and my salvation, my fortress; I shall not be greatly shaken.

<sup>3</sup> How long will all of you attack a man to batter him, like a leaning wall, a tottering fence?

<sup>4</sup> They only plan to thrust him down from his high position. They take pleasure in falsehood.  
They bless with their mouths, but inwardly they curse. *Selah*

<sup>5</sup> For God alone, O my soul, wait in silence, for my hope is from him.

<sup>6</sup> He only is my rock and my salvation, my fortress; I shall not be shaken.

<sup>7</sup> On God rests my salvation and my glory; my mighty rock, my refuge is God.

<sup>8</sup> Trust in him at all times, O people; pour out your heart before him; God is a refuge for us.

### **Song**

***Psalm 59:16*** But I will sing of your strength; I will sing aloud of your steadfast love in the morning. For you have been to me a fortress and a refuge in the day of my distress.

[You can Google the hymn to hear it if you would like to sing along.]

### ***Praise to the Lord, the Almighty***

Praise to the Lord, the Almighty, the King of creation!

O my soul, praise Him, for He is thy health and salvation!

All ye who hear, Now to His temple draw near;

Sing now in glad adoration!

Praise to the Lord, who o'er all things so wondrously reigneth,

Who, as on wings of an eagle, uplifteth, sustaineth.

Hast thou not seen how thy desires all have been

Granted in what He ordaineth?

Praise to the Lord, who hath fearfully, wondrously, made thee!  
Health hath vouchsafed and, when heedlessly falling, hath stayed thee.  
What need or grief ever hath failed of relief?  
Wings of His mercy did shade thee.

Praise to the Lord, who doth prosper thy work and defend thee,  
Who from the heavens the streams of His mercy doth send thee.  
Ponder anew what the Almighty can do,  
Who with His love doth befriend thee.

Praise to the Lord! Oh, let all that is in me adore Him!  
All that hath life and breath, come now with praises before Him!  
Let the Amen sound from His people again;  
Gladly for aye we adore Him.

### **Prayer**

*1 Thessalonians 5:16-18 Rejoice always, 17 pray without ceasing, 18 give thanks in all circumstances; for this is the will of God in Christ Jesus for*

Holy Father, hear us as we humbly pray.

We who are merely inconvenienced, pray for those whose lives are at stake.  
We who have no risk factors, pray for those most vulnerable.  
We who have the luxury of working from home,  
pray for those who must choose between preserving their health or making their rent.  
We who have the flexibility to care for our children when their schools close,  
pray for those who have no options.  
We who have to cancel our trips, pray for those that have no safe place to go.  
We who are losing our margin money in the tumult of the economic market,  
pray for those who have no margin at all.  
We who settle in for a quarantine at home, pray for those who have no home.

Father, as fear grips our country and our own souls,  
enable us to choose love and faith over fear.  
During this time when we cannot physically wrap our arms around each other,  
enable us to find ways to be the loving embrace of God to our neighbors.  
We ask all this under the shelter of your wings and in the strong and mighty name of Jesus.  
Amen.

(Adapted from a prayer by Cameron Bellm)

