First Christian Reformed Church of Lynden



From Generation to Generation for the Glory of God

God's precious and exceedingly great promises in hard times

Colossians 3:16 Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

Scripture

Reflections on Hope in the Old Testament:

Jeremiah 29:11-13

¹¹ For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope. ¹² Then you will call upon me and come and pray to me, and I will hear you. ¹³ You will seek me and find me, when you seek me with all your heart.

Jeremiah 17:7-8

⁷Blessed is the man who trusts in the Lord, whose hope is the Lord.

⁸ He is like a tree planted by water, that sends out its roots by the stream,

and does not fear when heat comes, for its leaves remain green,

and is not anxious in the year of drought, for it does not cease to bear fruit.

Lamentations 3:19-24

¹⁹ Remember my affliction and my wanderings, the wormwood and gall!

²⁰ My soul continually remembers it and is bowed down within me.

²¹ But this I call to mind, and therefore I have hope:

²² The steadfast love of the Lord never ceases; his mercies never come to an end;

²³ they are new every morning; great is your faithfulness.

²⁴ "The Lord is my portion," says my soul, "therefore I will hope in him."

Job 13:15

¹⁵ Though [God] slay me, I will hope in him.

Psalm 31:24

²⁴ Be strong, and let your heart take courage, all you who hope in the Lord!

Psalm 42:11

¹¹ Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

Psalm 73:25-26

²⁵ Whom have I in heaven but you?

And there is nothing on earth that I desire besides you.

²⁶ My flesh and my heart may fail,

but God is the strength of my heart and my portion forever.

Psalm 119:114

¹¹⁴ You are my hiding place and my shield; I hope in your word.

Proverbs 23:17-18

¹⁷ Let not your heart envy sinners, but continue in the fear of the Lord all the day. ¹⁸ Surely there is a future, and your hope will not be cut off.

Song

Psalm 59:16 But I will sing of your strength; I will sing aloud of your steadfast love in the morning. For you have been to me a fortress and a refuge in the day of my distress.

[You can Google the hymn to hear it if you would like to sing along.]

My Hope Is Built On Nothing Less

My hope is built on nothing less Than Jesus blood and righteousness; I dare not trust the sweetest frame, But wholly lean on Jesus' name.

Refrain: On Christ, the solid Rock, I stand; All other ground is sinking sand, All other ground is sinking sand.

When darkness veils His lovely face, I rest on His unchanging grace; In every high and stormy gale, My anchor holds within the veil. *Refrain*

His oath, His covenant, His blood, Support me in the whelming flood; When all around my soul gives way, He then is all my hope and stay. *Refrain*

When He shall come with trumpet sound, Oh, may I then in Him be found; Dressed in his righteousness alone, Faultless to stand before the throne. *Refrain*

Prayer

II Chronicles 7:14 If my people, who are called by my Name, will humble themselves and pray.

"Confidence"

A prayer from The Valley of Vision: A Collection of Puritan Prayers.

O God, Thou art very great, My lot is to approach thee with godly fear and humble confidence, for thy condescension equals thy grandeur, and thy goodness is thy glory.

I am unworthy, but thou dost welcome; guilty, but thou art merciful; poor, but thy riches are unsearchable.

Thou hast shown boundless compassion towards me by not sparing thy son, and by giving me freely all things in him; *This is the foundation of my hope*, the refuge of my safety, the new and living way to thee, the means of that conviction of sin, brokenness of heart, and self-despair, which will endear me to the gospel. Happy are they who are Christ's, in him at peace with thee, justified from all things, delivered from coming wrath, made heirs of future glory;

Give me such deadness to the world, such love to the Saviour, such attachment to his house, such devotedness to his service, as proves me a subject of his salvation.

May every part of my character and conduct make a serious and amiable impression on others, and impel them to ask the way to the Master.

Let no incident of life, pleasing or painful, injure the prosperity of my soul, but rather increase it.

Send me thy help, for thine appointments are not meant to make me independent of thee, and the best means will be vain without super-added blessings.